



**PATIENT HEALTH QUESTIONNAIRE- PLEASE COMPLETELY FILL OUT THIS FORM!**

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Please describe your current complaint or limitation: \_\_\_\_\_

Please describe how your problem began/started: \_\_\_\_\_ Date if possible: \_\_\_\_\_

Please list all current medications: \_\_\_\_\_

Did you have surgery: (Please circle) YES NO Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please circle if you have had any of the following symptoms/conditions in the last year:

- |                          |                            |                           |
|--------------------------|----------------------------|---------------------------|
| Heart palpitations       | Loss of balance            | Bowel or bladder problems |
| Chest Pain               | Difficulty Walking         | Fever/chills/sweat        |
| Cough                    | Joint pain or swelling     | Headaches                 |
| Shortness of breath      | Night pain                 | Hearing problems          |
| Dizziness                | Difficulty Sleeping        | Vision problems           |
| Coordination problems    | Loss of appetite           | Pregnant                  |
| Weakness in arms or legs | Nausea/Vomiting            | Highly Stressed           |
| Sharp Pain               | Numbness                   | Tingling                  |
| Dull Pain/Ache           | Shooting                   | Constant (76-100%)        |
| Throbbing                | Burning                    | Frequent (51-75%)         |
| Occasional (26-50%)      | Intermittent (25% or less) | Allergies                 |

- Indicate the intensity of your pain **at rest**: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)
- Indicate the intensity of your pain **with movement**: (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)
- Since this condition began your symptoms have: (circle) Decreased Not Changed Increased
- Your Symptoms are worse in: (circle) morning afternoon night increased during the day same all day
- In the past have you been treated for the same problem? (circle) YES NO
- If yes, who did you see for that condition? (circle) MD PT OT Chiropractor Other: \_\_\_\_\_
- When and what treatment did you receive: \_\_\_\_\_

Occupation \_\_\_\_\_ Has your work status changed because of this condition: YES NO

Have you had any tests done for THIS injury? If so, please list results and dates:

X-Ray: \_\_\_\_\_ EMG: \_\_\_\_\_

MRI: \_\_\_\_\_ CAT Scan: \_\_\_\_\_

With Whom do you live? \_\_\_\_\_

Do you use an assistive device for mobility? \_\_\_\_\_, if so, what? \_\_\_\_\_

Do you smoke? \_\_\_\_\_ Do you drink alcohol? \_\_\_\_\_

How many days a week do you exercise? \_\_\_\_\_

How would you rate your health? (Circle) Excellent Good Fair Poor



Is this injury due to an auto accident? (Circle) Yes No If yes, date of auto accident: \_\_\_\_\_

Is this injury due to a workman's compensation claim? (Circle) Yes No If yes, date of accident at work: \_\_\_\_\_

Is your primary Insurance Medicare or any replacement plan for Medicare? (Circle) Yes No

Insurance Carrier (non-Medicare only): \_\_\_\_\_

If you have ever had a listed condition in the past, please circle it in the PAST column. If you are presently troubled by a particular condition, circle it in the PRESENT column. The information you provide concerning past and present conditions and diseases assists your therapist in more thoroughly understanding your state of health.

PAST	PRESENT	High Blood Pressure (401.9)
PAST	PRESENT	Angina (413.9)
PAST	PRESENT	Heart Attack (410.9)
PAST	PRESENT	Stroke (436.0)
PAST	PRESENT	Asthma (493.9)
PAST	PRESENT	HIV/AIDS (042.0)
PAST	PRESENT	Cancer (199.1) Location(s): _____ Date: _____
PAST	PRESENT	Tumor (229.9)
PAST	PRESENT	Systemic Lupus (710.0)
PAST	PRESENT	Hepatitis (573.3)
PAST	PRESENT	Epilepsy (549.5)
PAST	PRESENT	Diabetes (250.0)
PAST	PRESENT	Arthritis (714.0)

What are your physical therapy goals: \_\_\_\_\_

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_