



Dear Patient:

Welcome to APEX Physical Therapy! By seeking care in this facility, you are taking the initiative to improve your quality of life. Please understand that physical therapy can assist you in returning to your normal lifestyle, but you will not reach your maximum treatment potential without doing your part. You will be educated how to best maintain your symptoms at home once you are discharged from care. You will also be able to identify/recognize certain behaviors that are contributing to your symptoms.

For your treatment success, it is necessary to perform the prescribed home exercise program on a routine basis. If not, you may experience only temporary relief from therapy.

Upon evaluation, a treatment plan will be discussed with you, indicating recommended frequency and duration of treatments. It is very important that you make your scheduled appointments in order to attain treatment goals.

If you are not able to make a scheduled appointment, please give a 24 hour notice. Last minute cancellations and no shows are automatically subject to a service fee of \$85.00. As of January 1st, 2012 this policy will be strictly enforced. If you have any questions regarding this policy please speak to Rachael (APEX's office manager).

Thank you for choosing APEX Physical Therapy!

Patient/Guardian Signature _____

Date _____